

Grange Hill House October Activity Planner

		Wednesday	Thursday	Friday	Saturday	Sunday
		1st 10.30AM- Manicures/Hand Massages 1.00PM –Minibus Trip to Rowberry’s 2.00PM-  Bingo	2nd 10.30AM- Exercises with Sue World Poetry Day 2.00PM- Suzie Law (Singer) 	3rd 10.30AM- Scrabble/Board Games 1:00PM-Minibus trip to Hartlebury Castle  2.00PM- Dominoes/Cards	4th 10.30AM- Hoopla  2.00PM Singalong in the Lounge 	5th 10.30AM- Play Your Cards Right  2.00PM- Songs of praise
6th 11.00AM- Henry ‘Song Stories’ 2:00PM- Armchair Exercises with Sue Sweet Trolley 	7th All Day Hairdressing with Melanie 11.00AM – Singalong with “Phil Sayer in the Lounge 2:00PM- Board Games/Wordsearches	8th 10.30AM-  Magnetic Darts 1.00PM –Minibus Trip to Bells Farm Stourport 2:00PM – Frustration/Hangman	9th 10:30AM-  Cupcake Decorating 1.00PM – Minibus Trip to Hodge Hill 2:00PM- Bingo	10th 10.30AM- World Porridge Day 11AM- Hoopla 2.00PM – Knit & Natter with Laura	11th 10.30AM- Skittles  2:00PM- Movie Afternoon 	12th 10.30AM- Music from the 60’s 2.00PM – Songs of Praise 
13th 10.30AM – Exercises with Sheanna 2.00PM Carpet bowls 	14th All day Hairdressing with Melanie 10.30AM- Velcro Tennis 2:00PM- Tony Marks (Singer) 	15th 10.30AM – Pelham Puppets 1.00PM-Minibus Trip to Jinney Ring 2.00PM-Play Your Cards Right 	16th 10:30AM- Keep Fit with Sue  2.00PM- Karaoke Sweet Trolley 	17th 10.30AM- Flower Arranging 1:00PM-Minibus Trip to Webbs Hagley 2.00PM-Bingo 	18th 10.30AM – Skittles 2:00PM – Movie Afternoon 	19th 10.30AM- Country Music 2.00PM – Songs of Praise 
20th 10.30AM – Henry Song Stories 2:00PM-  Armchair Exercises with Sue	21st All day Hairdressing with Melanie 11.00AM –Singalong with “Phil Sayer” in the Lounge 2:00PM- Scrabble/Board Games World Apple Day 	22nd 11.00AM-  African Drums 1.00PM- Minibus Trip to Bobbington Vineyards 2.00PM-Darts 	23rd 10.30AM- Movement to Music With Sue 2.00PM-Pumkin Making Sweet Trolley 	24th 10.30AM- Halloween Crafts 1.00PM-Minibus Trip to Stevens Park 2.00PM-  Hoopla	25th 10.30AM- Bingo  2:00PM- Puzzles/Spot the Difference	26th 10.30AM- Classical Music 2.00PM- Songs of Praise 

27th11:00AM- Exercises with Sheanna 2:00PM- Name that Tune Sweet Trolley 	28thAll Day Hairdressing with Melanie 11.00AM- Colouring Books 2.00PM- Clive Bond (Singer)	29th10.30AM- Arts & Crafts 1.00PM-Minibus Trip to The Lenches for Lunch 2.00PM-Bingo 6.00PM-Shortcross	30th10.30AM- Chiropody with Gail (all Day) Party Exercises with Sue 2.00PM- Black Country Gaz 	31st10.30AM- Chiropody with Gail (Half Day) Halloween Quiz 1.00PM-Mininbus Trip to Hodge Hill 2.00PM- Singalong in the Lounge		
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